In Conquering Addiction, J. J. Goldwag discusses many of the effective tools to gracefully overcome addiction. Goldwag establishes the link between unhappiness and dependence, and uncovers methods that take us toward a healthy recovery. He takes us down the path of seeing clearly, maintaining proper perspective and restoring unification with our true nature. Through a reconnection with our inner self, we can reestablish a feeling of wholeness, remain in harmony, and overcome all obstacles. When we understand how to break free from destructive thoughts, and become anchored in the unchanging, then life opens to dramatic transformations and endless possibilities.

Conquering Addiction Quotes

"Life is meant to be a celebration! It shouldn't be necessary to set aside special times to remind us of this fact. Wise is the person who finds a reason to make every day a special one." — Leo F. Buscaglia

Leo Buscaglia was the author of numerous inspirational books about love. Some referred to him as the Love Doctor. Buscaglia's philosophy revolved around the idea that if our motivation in life is to simply love, than no problems can touch us. He was famous for hugging everyone who waited in long lines after attending his lectures.

"Do not let your fire go out, spark by irreplaceable spark, in the hopeless swamps of the approximate, the not-quite, the not-yet, the not-at-all. Do not let the hero in your soul perish, in lonely frustration for the life you deserved, but have never been able to reach. Check your road and the nature of your battle. The world you desired can be won. It exists, it is real, it is possible, it is yours." — Ayn Rand

Ayn Rand was a great novelist and best known for her books The Fountain Head and Atlas Shrugged. Her philosophy and words have helped those overcoming addiction and have been used by management to bolster employee motivation across corporate America. She has been known to be an inspiration to Federal Reserve Chairman Alan Greenspan and many other corporate titans across the globe. Life is very interesting... in the end, some of your greatest pains, become your greatest strengths.

"I am not bound to win, but I am bound to be true. I am not bound to succeed, but I am bound to live up to what light I have." — Abraham Lincoln

"Always bear in mind that your own resolution to success is more important than any other one thing." — Abraham Lincoln

"If at first an idea isn't absurd there is no hope for it." — Albert Einstein

"Imagination is more important than knowledge." — Albert Einstein

"In the middle of difficulty lies opportunity." — Albert Einstein

"There are only two ways to live your life. One is though nothing is a miracle. The other is though everything is a miracle." — Albert Einstein

"Reputation is what folks think you are. Personality is what you seem to be. Character is what you really are." — Alfred Armand Montapert

"One doesn't discover new lands without consenting to lose sight of the shore for a very long time." — Alfred Armand Montapert
Andre Gide (November 22, 1869 - February 19, 1951) quote

"You must pay the price if you wish to secure the blessings."

Andrew Jackson (March 15, 1767 - June 8, 1845) quote

"How lovely to think that no one need wait a moment, we can start now, start slowly changing the world! How lovely that everyone, great and small, can make their contribution toward introducing justice straightaway... And you can always, always give something, even if it is only kindness!"

Anne Frank (June 12, 1929 - March 1945) quote

"When everything seems like an uphill struggle, just think of the view from the top"

Overcoming Addiction Quote by Unknown

"Your altitude is determined by your attitude"

Unknown Overcoming Addiction Quote

"Champions in any field have made a habit of doing what others find boring or uncomfortable"

Motivational Quote by Unknown

"Those who follow the crowd are quickly lost in it."

Inspirational Quote by Unknown

"What you become is more important than what you accomplish."

Overcoming Addiction Quote by Unknown

"No individual raindrop considers itself responsible for the flood."

Unknown Overcoming Addiction Quote

"Worry is a think stream of fear which, if encouraged, becomes a wide channel into which all other thoughts flow. Assume an attitude of positive expectancy!"

Overcoming Addiction Quote by Unknown

"Man is what he believes."

Anton Chekhov (January 29, 1860 - July 15, 1904) quote

"But I will say that the drugs are much more ferocious then they used to be. There are people wrecking their lives with addiction, which seems much more severe."

Overcoming Addiction Quote by Armistead Maupin (born May 13, 1944)

"The deepest human defeat suffered by human beings is constituted by the difference between what one was capable of becoming and what one has in fact become."


"The desire not to be anything is the desire not to be."

Ayn Rand (February 2, 1905 - March 6, 1982) quote

"No one's happiness but my own is in my power to achieve or to destroy."

Motivational Quote by Ayn Rand

"Happiness is that state of consciousness which proceeds from the achievement of one's values."

Overcoming Addiction Quote by Ayn Rand

"No man or woman is uniformly successful...we must all expect a rather high percentage of failure in the things we attempt."

Overcoming Addiction Quote by Barnaby Keeney

"The people with whom you work reflect your own attitude. If you are suspicious, unfriendly and condescending, you will find these unlovely traits echoed all about you. But if you are on your best behavior, you will bring out the best in the persons with whom you are going to spend most of your working hours."

Beatrice Vincent (1886- 1963) quote

"Well done is better than well said."

Benjamin Franklin (January 17, 1706 - April 17, 1790) motivational quote

"To trust yourself to test your limits. That is the courage to succeed."
"Decide that you want it more than you are afraid of it."
Bill Cosby (born July 12, 1937) motivational quote

"Do not think that what your thoughts dwell on does not matter. Your thoughts are making you."
Overcoming Addiction Quote by Bishop Steere

"The man who makes no mistakes does not usually make anything."
Overcoming Addiction Quote by Bishop W.C. Magee (1821-1891).

"We must learn our limits. We are all something, but none of us are everything."
Blaise Pascal (June 19, 1623 - August 19, 1662) quote

"It's not the situation... it's your reaction to the situation."
Bob Conklin Overcoming Addiction Quote

"Success is to be measured not so much by the position that one has reached in life, as by the obstacles one has overcome trying to succeed."
Overcoming Addiction Quote by Booker T. Washington

"Our first and last love is - self-love."
Christian Nestell Bovee Overcoming Addiction Quote

"Move out of your comfort zone. You can only grow if you are willing to feel awkward and uncomfortable when you try something new."
Overcoming Addiction Quote by Brian Tracy (born1944)

"Sometimes when I consider what tremendous consequences come from little things... I am tempted to think... there are no little things."
Motivational Quote Bruce Barton (born 1886)

"The less effort, the faster and more powerful you will be."
Bruce Lee (November 27, 1940 - July 20, 1973) quote

"We are what we think."
Overcoming Addiction Quote by Buddha

"Ideals are like stars; you will not succeed in touching them with your hands, but like the seafaring man on the desert of waters, you choose them as your guides, and following them, you reach your destiny."
Motivational Quote by Carl Schurz (March 2, 1829 - May 14, 1906)

"Experience shows that success is due less to ability than to zeal. The winner is he who gives himself to his work, body and soul."
Overcoming Addiction Quote by Charles Buxton (November 1823 - August 1871)

"A man who dares to waste one hour of life has not discovered the value of life."
Motivational quote by Charles Darwin (February 1809 - April 1882)

"The important thing is this: To be able at any moment to sacrifice what we are for what we could become."
Charles du Bois (May 1804 - November 1867) Overcoming Addiction Quote

"Better to light one small candle than to curse the darkness."
Motivational Chinese Proverb

"Life is just a blank slate, what matters most is what you write on it."
Overcoming Addiction Quote by Christine Frankland

"Drugs are merely the most obvious form of addiction in our society. Drug addiction is one of the things that undermines traditional values."
Christopher Lasch (June 1, 1932 - February 14, 1994) inspirational quote

"The big shots are only the little shots who keep shooting."
Christopher Morley (May 1890 - March 1957)
"Natural ability without education has more often raised a man to glory and virtue than education without natural ability."
Overcoming Addiction Quote by Cicero (January 3, 106 BC - December 7, 43 BC)

"The proof of a well-trained mind is that it rejoices in which is good and grieves at the opposite."
Cicero Overcoming Addiction Quote

"It's the constant and determined effort that breaks down all resistance, sweeps away all obstacles."
Overcoming Addiction Quote by Claude M. Bristol

"There are no secrets to success. It is the result of preparation, hard work, learning from failure."
Motivational Quote by Colin Powell (Born April 5, 1937)

"The superior man is distressed by the limitations of his ability; he is not distressed by the fact that men do not recognize the ability that he has."
Overcoming Addiction Quote by Confucius (551 BCE - 479 BCE)

"Did you ever see an unhappy horse? Did you ever see bird that had the blues? One reason why birds and horses are not unhappy is because they are not trying to impress other birds and horses."
Dale Carnegie (November 24, 1888 - November 1, 1955) motivational quote

"Remember, today is the tomorrow you worried about yesterday."
Overcoming Addiction Quote by Dale Carnegie

"Take a chance! All life is a chance. The man who goes the furthest is generally the one who is willing to do and dare."
Dale Carnegie Overcoming Addiction Quote

"People rarely succeed unless they have fun in what they are doing."
Motivational Quote by Dale Carnegie

"The successful man will profit from his mistakes and try again in a different way."
Inspirational Quote by Dale Carnegie

"Try out your ideas by visualizing them in action."
Overcoming Addiction Quote by David Seabury (1885 - 1960)

"Recovery from addiction requires hard work, a proper attitude and learning skills to stay sober, not drinking alcohol or using other drugs. Successful drug recovery or alcohol recovery involves changing attitudes, acquiring knowledge, and developing skills to meet the many challenges of sobriety."
Dennis Daley, PhD motivational quote

"The only limits on human achievement are self-imposed."
Dr. Denis Waitley Overcoming Addiction Quote

"There are two kinds of failures: those who thought and never did, and those who did and never thought."
Dr. Laurence J. Peter (September 16, 1919 - January 12, 1990) quote

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."
Dr. Martin Luther King, Jr. (January 15, 1929 - April 4, 1968) quote

"The older I get, the more wisdom I find in the ancient rule of taking first things first - a process which often reduces the most complex human problems to manageable proportions."
Dwight D. Eisenhower (October 14, 1890 - March 28, 1969) quote

"He that wrestles with us strengthens our nerves and sharpens our skill. Our antagonist is our helper."
Overcoming Addiction Quote by Edmund Burke (January 1729 - July 1797)

"One man has enthusiasm for 30 minutes, another for 30 days, but it is the man who has it for 30 years who makes a success of his life."
Edward B. Butler (December 16, 1853 - February 20, 1928) motivational quote

"To avoid criticism, do nothing, say nothing, be nothing."
Overcoming Addiction Quote by Elbert Green Hubbard (June 19, 1856 - May 7, 1915)

"No-one can make you feel inferior without your consent."
Eleanor Roosevelt (October 11, 1884 - November 7, 1962) quote

"Every day, in every way, I am getting better and better."
Emile Coue (1857-1926) Overcoming Addiction Quote

"The artist is nothing without the gift, but the gift is nothing without work."
Emile Zola (April 1840 - September 1902) Overcoming Addiction Quote

"The soul should always stand ajar, ready to welcome the ecstatic experience."
Emily Dickinson (December 10, 1830 - May 15, 1886) quote

"Do not spoil what you have by desiring what you have not; but remember that what you have was once among the things only hoped for."
Overcoming Addiction Quote by Epicurus (341 BC - 270 BC)

"Knowledge itself is power."
Francis Bacon (January 1561 - April 1626)

"Convictions are the mainsprings of action, the driving powers of life. What a man lives are his convictions."
Quote by Francis C. Kelley (October 23, 1870 - February 1, 1948)

"Why not go out on a limb? Isn't that where the fruit is?"
Overcoming Addiction Quote by Frank Scully

"If a man does his best, what else is there?"
General George S. Patton (November 11, 1885 - December 21, 1945) motivational quote

"Some men see things as they are and ask why. Others dream things that never were and ask why not."
George Bernard Shaw (July 1856 - November 1950) inspirational quote

"It's never too late to be what you might have been."
Overcoming Addiction Quote by George Eliot (November 1819 - December 1880)

"We can accomplish almost anything within our ability if we but think we can."
George Matthew Adams Overcoming Addiction Quote

"If I accept you as you are, I will make you worse; however if I treat you as though you are what you are capable of becoming, I help you become that."
Johann Wolfgang Von Goethe (August 1749 – March 1832) motivational quote

"Whatever you can do or dream you can, begin it. Boldness has genius, magic and power in it. Begin it now."
Overcoming Addiction Quote by Johann Wolfgang Von Goethe

"No horse gets anywhere until he is harnessed. No stream or gas ever drives anything until it is confined. No Niagara ever turned light and power until it is tunneled. No life ever grows great until it is focused, dedicated, disciplined."
Overcoming Addiction Quote by Harry Emerson Fosdick (May 24, 1878 - October 5, 1969)

"I long to accomplish a great and noble task, but it is my chief duty to accomplish humble tasks as though they were great and noble."
Helen Keller (June 27, 1880 - June 1, 1968) motivational quote

"Never bend your head. Always hold it high. Look the world straight in the face."
Overcoming Addiction Quote by Helen Keller

"Face your deficiencies and acknowledge them; but do not let them master you. Let them teach you patience, sweetness, insight."
Motivational Quote by Helen Keller

"Only through experience of trial and suffering can the soul be strengthened, vision cleared, ambition inspired, and success achieved."
Helen Keller Overcoming Addiction Quote

"The strongest man in the world is he who stands alone."
Henrik Ibsen (March 20, 1828 - May 23, 1906) quote
"This world is but canvas to our imaginations."
Overcoming Addiction Quote by Henry David Thoreau (July 1817 - May 1862)

"None are so old as those who have outlived enthusiasm."
Henry David Thoreau Overcoming Addiction Quote

"I know of no more encouraging fact than the unquestionable ability of man to elevate his life by conscious endeavor."
Henry David Thoreau Motivational Quotes

"In the long run, men hit only what they aim at. Therefore, they had better aim at something high."
Motivational Quote by Henry David Thoreau

"If one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with success unexpected in common hours."
Henry David Thoreau Overcoming Addiction Quote

"Anybody can do anything that he imagines."
Henry Ford (July 30, 1863 - April 7, 1947) motivational quote

"Whether you think that you can, or that you can't, you are usually right."
Overcoming Addiction Quote by Henry Ford

"Trouble is only opportunity in work clothes."
Quote by Henry J. Kaiser (May 9, 1882 - August 24, 1967)

"He is rich or poor according to what he is, not according to what he has."
Henry Ward Beecher (June 24, 1813 - March 8, 1887) Overcoming Addiction Quote

"A man's true state of power and riches is to be in himself."
Overcoming Addiction Quote by Henry Ward Beecher

"The difference between perseverance and obstinacy is that one often comes from a strong will, and the other from a strong won't."
Henry Ward Beecher motivational quote

"Ones best success comes after their greatest disappointments."
Henry Ward Beecher quote

"He who believes is strong. Strong convictions precede great actions."
Overcoming Addiction Quote by J.F. Clarke

"Whoever you are, there is some younger person who thinks you are perfect. There is some work that will never be done if you don't do it. There is someone who would miss you if you were gone. There is a place that you alone can fill."
Jacob M. Braude Overcoming Addiction Quote

"The goal is the same: life itself; and the price is the same; life itself."
James Agee (November 27, 1909 - May 16, 1955) quote

"Each of us is great insofar as we perceive and act on the infinite possibilities which lie undiscovered and unrecognized about us."
James Harvey Robinson (June 29, 1863 - February 16, 1936) quote

"That some good can be derived from every event is a better proposition than that everything happens for the best, which it assuredly does not."
Overcoming Addiction Quote by James K. Feibleman

"Let us not look back in anger or forward in fear, but around in awareness."
James Thurber (December 8, 1894&ndash;November 2, 1961) Overcoming Addiction Quote

"Vision without action is a daydream. Action without vision is a nightmare."
Motivational Japanese Proverb

"If you are aware of your weaknesses and are constantly learning, your potential is virtually limitless."
Overcoming Addiction Quote by Jay Sidhu
"You can come out of the furnace of trouble two ways: if you let if consume you, you come out a cinder; but there is a kind of metal which refuses to be consumed, and comes out a star."
Jean Church Overcoming Addiction Quote

"Shoot for the moon. Even if you miss, you will land amongst the stars."
Jill McLemore motivational quote

"The one unchangeable certainty is that nothing is unchangeable or certain."
John F. Kennedy (May 29, 1917 - November 22, 1963) quote

"For all sad words of tongue and pen, The saddest are these, 'It might have been'."
John Greenleaf Whittier (December 17, 1807 - September 7, 1892) quote

"The mind is its own place, and in itself, can make heaven of Hell, and a hell of Heaven."
John Milton (December 9, 1608 - November 8, 1674) quote

"There's only us, there's only this, forget regret, or life is yours to miss. No other road, no other way, no day but today."

"Facing it, always facing it, that's the way to get through. Face it."
Overcoming Addiction Quote by Joseph Conrad (December 1857 - August 1924)

"As a rule, men worry more about what they can't see than about what they can."
Inspirational Quote Julius Caesar (July 13, 100 BC - March 15, 44 BC)

"Never frown because you never know who might be falling in love with your smile."
Overcoming Addiction Quote by Justine Milton

"Don't spend your precious time asking 'Why isn't the world a better place?' It will only be time wasted. The question to ask is 'How can I make it better?' To that there is an answer."
Leo F. Buscaglia (March 1924 - June 1998) quote

"What life means to us is determined not so much by what life brings to us as by the attitude we bring to life; not so much by what happens to us as by our reaction to what happens."
Overcoming Addiction Quote by Lewis L. Dunnington

"Continuous effort, not strength or intelligence, is the key to unlocking our potential."
Liane Cordes Overcoming Addiction Quote

"Expect the dawn of a new beginning in the dark nights of life."
Lloyd John Ogilvie motivational quote

"There are two things to aim at in life: first to get what you want; and after that, to enjoy it. Only the wisest of mankind achieve the second."
Logan Pearsall Smith (October 18, 1865 - March 2, 1946) inspirational quote

"Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it."
Overcoming Addiction Quote by Lou Holtz (born January 6, 1937)

"Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead."
Motivational Quote Louisa May Alcott (November 29, 1832 - March 6, 1888)

"As human beings, our greatness lies not so much in being able to remake the world... as in being able to remake ourselves."
Overcoming Addiction Quote by Mahatma Gandhi (October 1869 - 30 January 1948)

"You may have to fight a battle more than once to win it."
Overcoming Addiction Quote by Margaret Thatcher (born 13 October 1925)

"Meaning doesn't lie in things. Meaning lies in us. When we attach value to things that aren't love - the money, the car, the house, the prestige - we are loving things that can't love us back. We are searching for meaning in the meaningless. Money, of itself, means nothing. Material things, of themselves, mean nothing. It's not that they're bad. It's that they're nothing. ("A Return to Love")"
Overcoming Addiction Quote by Marianne Williamson (born July 8, 1952)
"It is better to deserve honors and not have them than to have them and not deserve them."
Mark Twain (November 30, 1835 - April 21, 1910) Overcoming Addiction Quote

"A good goal is like a strenuous exercise -- it makes you stretch."
Mary Kay Ash (May 12, 1918 - November 22, 2001) quote

"When you come to a roadblock, take a detour."
Overcoming Addiction Quote by Mary Kay Ash

"People fail forward to success."
Mary Kay Ash Overcoming Addiction Quote

"The men who build the future are those who know that greater things are yet to come, and that they themselves will help bring them about."
Overcoming Addiction Quote by Melvin J. Evans

"The greater the obstacle, the more glory in overcoming it."
Jean-Baptiste Poquelin (Moliere) (January 15, 1622 - February 17, 1673) quote

"It is not only for what we do that we are held responsible, but also for what we do not do."
Jean-Baptiste Poquelin (Moliere) Overcoming Addiction Quote

"Ability has nothing to do with opportunity."
Quote by Napoleon Bonaparte (August 1769 - May 1821)

"Take time to deliberate, but when the time for action has arrived, stop thinking and go in."
Overcoming Addiction Quote by Napoleon Bonaparte

"Whatever your mind can conceive and believe, it can achieve."
Napoleon Hill (October 26, 1883 - November 8, 1970) quote

"Opportunity... often it comes disguised in the form of misfortune, or temporary defeat."
Overcoming Addiction Quote by Napoleon Hill

"The only lack or limitation is in your own mind."
Overcoming Addiction Quote by NH. Moos

"We tend to get what we expect."
Norman Vincent Peale (May 31, 1898 - December 24, 1993) motivational quotes

"Every problem has in it the seeds of its own solution. If you don't have any problems, you don't have any seeds."
Overcoming Addiction Quote by Norman Vincent Peale

"We tend to get what we expect."
Norman Vincent Peale Overcoming Addiction Quote

"A hero is one who knows how to hang on one minute longer."
Motivational Norwegian proverb

"The truly important things in life - love, beauty, and one's own uniqueness - are constantly being overlooked."
Overcoming Addiction Quote by Pablo Casals (December 29, 1876 - October 22, 1973),

"Faith will move mountains."
Motivational Proverb

"We become what we think about all day long."
Ralph Waldo Emerson (May 1803 - April 1882) motivational quote

"The reward of a thing well done is to have done it."
Overcoming Addiction Quote by Ralph Waldo Emerson

"Each man has his own vocation; his talent is his call. There is one direction in which all space is open to him."
Motivational Quote by Ralph Waldo Emerson
"What I need is someone who will make me do what I can."
Inspirational Quote by Ralph Waldo Emerson

"That which we persist in doing becomes easier - not that the nature of the task has changed, but our ability to do has increased."
Ralph Waldo Emerson Overcoming Addiction Quote

"Do not follow where the path may lead. Go instead where there is no path and leave a trail."
Overcoming Addiction Quote by Ralph Waldo Emerson

"The line between failure and success is so fine that we scarcely know when we pass it - so fine that we often are on the line and do not know it."
Ralph Waldo Emerson motivational quote

"Don't let life discourage you; everyone who got where he is had to begin where he was."
Richard L. Evans (March 23, 1906 - November 1, 1971) quote

"Nothing worthwhile ever happens quickly and easily. You achieve only as you are determined to achieve... and as you keep at it until you have achieved."
Overcoming Addiction Quote by Robert H. Lauer

"To travel hopefully is a better thing than to arrive, and the true success is to labour."
Robert Louis Stevenson (November 13, 1850 - December 3, 1894) quote

"Don't judge each day by the harvest you reap, but by the seeds you plant."
Overcoming Addiction Quote by Robert Louis Stevenson

"Have patience with all things, but chiefly have patience with yourself. Do not lose courage in considering your own imperfections, but instantly set about remediying them - every day begin the task anew."
Overcoming Addiction Quote by Saint Francis De Sales

"Great works are performed, not by strength, but perseverance."
Samuel Johnson (September1709 - December 1784) quote

"The only thing that you can carry with you on your travels is your heart. So fill your heart with good things and good things will follow you for the rest of your life."
Overcoming Addiction Quote by Scott Murray (DOB January 1976)

"What you think of yourself is much more important than what others think of you."
Lucius Annaeus Seneca (4 BC - AD 65) quote

"Begin at once to live, and count each day as a separate life."
Overcoming Addiction Quote by Lucius Annaeus Seneca

"Bad times, hard times - this is what people keep saying; but let us live well, and times shall be good. We are the times: Such as we are, such are the times."
Overcoming Addiction Quote by St. Augustine

"Opportunities multiply as they are seized."
Overcoming Addiction Quote by Sun Tzu (544 BC - 496 BC)

"To do anything in this world worth doing, we must not stand back shivering and thinking of the cold and danger; but jump in, and scramble through as well as we can."
Sydney Smith (June 3, 1771 - February 22, 1845) quote

"The body moves naturally, automatically, without any personal intervention or awareness. If we think too much, our actions become slow and hesitant."
Overcoming Addiction Quote by Taisen Deshimaru (1914-1982)

"Far better it is to dare mighty things, to win glorious triumphs, even though checkered by failure, than to take rank with those poor spirits who neither enjoy nor suffer much, because they live in the gray twilight that knows neither victory nor defeat."
Theodore Roosevelt (October 27, 1858 - January 6, 1919) motivational quote

"If we did the things we are capable of, we would astound ourselves."
Overcoming Addiction Quote by Thomas Edison (February 11, 1847 - October 18, 1931)

"The rung of a ladder was never meant to rest upon, but only to hold a man's foot long enough to enable him to put the other somewhat higher."

Thomas Huxley (May 1825 - June 1895) quote

'I'm a great believer in luck, and I find the harder I work, the more I have of it"

Overcoming Addiction Quote by Thomas Jefferson (April 13, 1743 - July 4, 1826)

"The harder the conflict, the more glorious the triumph"

Overcoming Addiction Quote by Thomas Paine (1737 - 1809)

"What does it mean to succeed? Most people see success as being rich and famous or powerful and influential. Others see it as being at the top of their profession and standing out from the rest. The wise see success in a more personal way; they see it as achieving the goals they have set for themselves, and then feeling pride and satisfaction in their accomplishments. True success is felt in the heart, not measured by money and power. So be true to yourself and achieve the goals you set. For success is reaching those goals and feeling proud of what you have accomplished."

Overcoming Addiction Quote by Timothy Tweedie

"Do not wait for your ship to come in - swim out to it"

Unknown Overcoming Addiction Quote

"The secret to achieve true success is found in your daily routine."

Overcoming Addiction Quote by Unknown

"Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help with man with the wrong mental attitude."

W.W. Ziege motivational quotation

"The greatest pleasure in life is in doing what people say you cannot do."

Overcoming Addiction quotation by Walther Bageholt

"The greatest revolution of our generation is the discovery that human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives."

William James (January 11, 1842 - August 26, 1910) quotation

"Good people are good because they've come to wisdom through failure. We get very little wisdom from success, you know... One who doesn't try cannot fail and become wise."

Overcoming Addiction Quote by William Saroyan (August 31, 1908 - May 18, 1981)

"A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty."

Winston Churchill (November 1874 - January 1965) quote

"The price of greatness is responsibility."

Overcoming Addiction Quote by Winston Churchill

"I am an optimist. It does not seem too much use being anything else."

Winston Churchill Overcoming Addiction Quote

"We make a living by what we get, but we make a life by what we give!"

Winston Churchill motivational quote

"You don't have to be great to start, but you have to start to be great."

Overcoming Addiction Quote by Zig Ziglar (born November 6, 1926)