Divorce Quotes

CREATING A HEALTHY DIVORCE BOOK
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In the book, Creating a Healthy Divorce, J.J. Goldwag reflects on techniques that can take us from feelings of restlessness, failure, and loss to unconditional happiness. Goldwag goes to the root of why unhappiness occurs in the first place and draws upon his own divorce experiences to uncover the ways toward a healthy recovery. He takes us down the path of sharpening our awareness, seeing clearly, and maintaining proper perspective during one of life’s most emotional times. Through a reconnection with our true nature, we can remain at peace and gracefully overcome all obstacles. When we understand how to break away from destructive thoughts, and become anchored in the unchanging essence of our inner self, then life becomes a joy, regardless of what we may face.

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"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us."
A divorce quote by Helen Keller (June, 1880 - June, 1968)

Helen Keller was both deaf and blind, but her fierce motivation to show herself she could overcome, manifested in enabling her to become the first person with both of these afflictions to graduate from college. She was an inspiration and left us with some of the most memorable quotes.

"When you get to the end of your rope, tie a knot and hang on."
Franklin D. Roosevelt (January 30, 1882 - April 12, 1945) quote

Franklin D. Roosevelt was the thirty third President of the United States. He dealt with many extremely difficult times as he lead the United States during the time of Nazi Germany, and the Great Depression and suffered from polio which left him paralyzed from the waist down. He inspired the country by overcoming tremendous obstacles and motivated people to stay positive regardless of circumstances.

"We all live with the objective of being happy; our lives are all different and yet the same."
Quote for someone facing divorce by Anne Frank (June 1929 - March 1945)

The inspirational story of Anne Frank has captured the hearts of people around the globe. Her diary revealed the horrors of war and how the power of positive thinking can keep you well during extreme difficulties. Anne will forever be a world wide figure of inspiration and a reminder of what can happen during the worst of low consciousness crowd mentality.

"Regret and fear are twin thieves that rob us of today."
Robert Hastings Quote

"Great minds discuss ideas; Average minds discuss events; Small minds discuss people."
Unknown

"Learn from the mistakes of others. You can't live long enough to make them all yourself."
Unknown

"Minds are like parachutes - they only function when open."
Thomas Dewar

The gem cannot be polished without friction, nor man perfected without trials.

chinese proverb

"Forgiveness is not the misguided act of condoning irresponsible, hurtful behavior. Nor is it a superficial turning of the other cheek that leaves us feeling victimized and martyred. Rather it is the finishing of old business that allows us to experience the present, free of contamination from the past."
Joan Borysenko

"It is better to have loved and lost than never to have loved at all."
Alfred Lord Tennyson
If you really love something set it free. If it comes back it's yours, if not it wasn't meant to be.

Unknown

You have to forgive to forget, and forget, to feel again.

Unknown

Some people think that holding on makes one strong; sometimes it's letting go.

Unknown

The loss of love is not nearly as painful as our resistance to accepting it is.

Tigress Luv

Pain is inevitable. Suffering is optional.

M. Kathleen Casey

I don't miss him, I miss who I thought he was.

Unknown

It's not the situation ... It's your reaction to the situation.

Robert Conklin

"Re-examine all you have been told . . . Dismiss what insults your Soul."

Walt Whitman

"It is difficult to make a man miserable while he feels worthy of himself and claims kindred to the great God who made him."

Abraham Lincoln

"Peace is not a relationship of nations. It is a condition of mind brought about by a serenity of soul. Lasting peace can come only to peaceful people."

Jawaharlal Nehru

"Be happy. It's one way of being wise."

Colette

"When your heart speaks, take good notes."

Judith Campbell

"The future belongs to those who believe in the beauty of their dreams."

Eleanor Roosevelt

"Your vision will become clear only when you look into your heart ... Who looks outside, dreams. Who looks inside, awakens."

Carl Jung

"The beginning is always today."

Mary Wollstonecraft

"Tomorrow is the most important thing in life. Comes into us at midnight very clean. It's perfect when it arrives and puts itself in our hands. It hopes we've learned something from yesterday."

John Wayne

"You grow up the day you have your first real laugh at yourself."

Ethel Barrymore

"Water which is too pure has no fish."

Ts'ai Ken T'an

"I have sometimes been wildly, despairingly, acutely miserable ... but through it all I still know quite certainly that just to be alive is a grand thing."

Agatha Christie

"The purpose of our lives is to be happy."

The 14th Dalai Lama
"It is not death that a man should fear, but he should fear never beginning to live."
Marcus Aurelius (121-180)

"We must accept life for what it actually is - a challenge to our quality without which we should never know of what stuff we are made, or grow to our full stature."
Ida R. Wylie

"Don't fear failure so much that you refuse to try new things. The saddest summary of a life contains three descriptions: could have, might have, and should have."
Louis E. Boone

"Whatever comes, this too shall pass away."
Ella Wheeler Wilcox

"Joy is not in things; it is in us."
Richard Wagner

"Man cannot discover new oceans unless he has the courage to lose sight of the shore."
Andre Gide

"Forgiveness is the key to action and freedom."
Hannah Arendt

"Your mind can only hold one thought at a time. Make it a positive and constructive one."
H. Jackson Brown, Jr.

"Show me a person who has never made a mistake and I'll show you somebody who has never achieved much."
Joan Collins

It is not how much we have, but how much we enjoy, that makes happiness.
Charles Haddon Spurgeon