

Inspirational Products

CREATING A HEALTHY DIVORCE BOOK BUY NOW!

In *Creating a Healthy Divorce*, J.J. Goldwag reflects on techniques that can take us from feelings of restlessness, failure, and loss to unconditional happiness. Goldwag goes to the root of why unhappiness occurs in the first place and draws upon his own divorce experiences to uncover the ways toward a healthy recovery. He takes us down the path of sharpening our awareness, seeing clearly, and maintaining proper perspective during one of life's most emotional times. Through a reconnection with our true nature, we can remain at peace and gracefully overcome all obstacles. When we understand how to break away from destructive thoughts, and become anchored in the unchanging essence of our inner self, then life becomes a joy, regardless of what we may face.

CONQUERING ADDICTION BOOK BUY NOW!

In *Conquering Addiction*, J. J. Goldwag discusses many of the effective tools to gracefully overcome addiction. Goldwag establishes the link between unhappiness and dependence, and uncovers methods that take us toward a healthy recovery. He takes us down the path of seeing clearly, maintaining proper perspective and restoring unification with our true nature. Through a reconnection with our inner self, we can reestablish a feeling of wholeness, remain in harmony, and overcome all obstacles. When we understand how to break free from destructive thoughts, and become anchored in the unchanging, then life opens to dramatic transformations and endless possibilities.

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